

# Questions to Ask Your Doctor at Your Next Visit

Below are questions that you may have about breast cancer and your treatment. **Insert a check mark (✓) next to each one that you'd like to discuss with your doctor.** That way, you can get the conversation started and take a more active role in your care.

**Print this page and bring it to your next doctor visit.** You may want to review the questions with someone you trust before your visit. During your visit, you can use the space after each question to take notes.

## BIOMARKERS AND TESTING

- How do you determine if the cancer has spread? \_\_\_\_\_
- Where has the cancer spread? \_\_\_\_\_
- What is my biomarker status? \_\_\_\_\_
- What test can tell me if I have a biomarker or mutation? \_\_\_\_\_
- Where is this test available? \_\_\_\_\_
- What kind of sample is needed: blood or tumor tissue? \_\_\_\_\_
- How will you get tumor tissue for testing? What is involved in the biopsy procedure? \_\_\_\_\_
- If the test shows that I have a biomarker or mutation, what does this mean for my treatment? \_\_\_\_\_

## TARGETED THERAPIES

- Will a targeted therapy affect any other medicines that I am taking? \_\_\_\_\_

## MY TREATMENT PLAN

- What is my prognosis? \_\_\_\_\_
- Are there any tests and procedures that I need to have done to help determine the best treatment? \_\_\_\_\_
- What are my treatment options; which do you recommend and why? \_\_\_\_\_
- What is the goal of my treatment? \_\_\_\_\_
- What are the risks of treatment? \_\_\_\_\_
- When do I need to make a treatment decision? \_\_\_\_\_
- How does reaching menopause affect my treatment options? \_\_\_\_\_
- How long will treatment last? What will it be like? Where will it be done? \_\_\_\_\_
- What tests will I need and how often should tests be done to monitor treatment? \_\_\_\_\_
- What will happen if the treatment doesn't work or the cancer comes back? \_\_\_\_\_

